Special timing only this time 6pm Egy 7pm KSA 8pm UAE





INSTRUCTOR

Dr. Tamer Mamdouh Abass

Director of Organizational Effectiveness EMEA Johnson & Johnson

Leadership in VUCA world Tamer Abbas

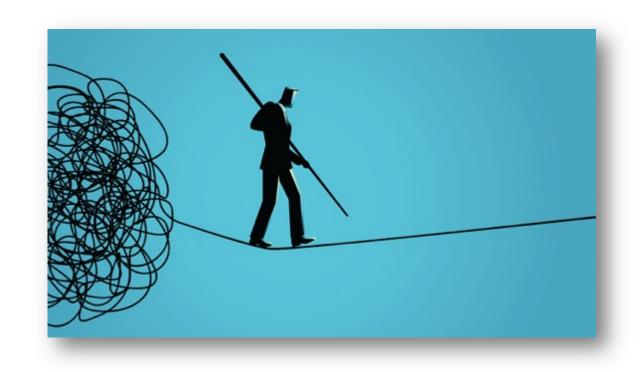
Jan. 2024 Marketing Club





What is happening with the World?

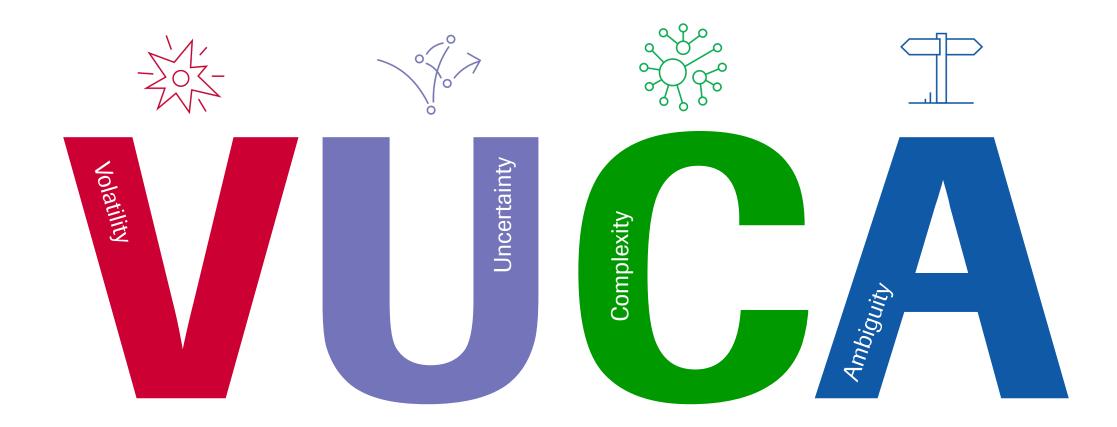
- Covid19
- Russia Ukraine
- Gaza
- Inflation economy recession
- Downsizing
- Al evolution







External forces are reshaping leadership and driving us to think differently It's a VUCA world







Outcomes of VUCA & How to lead?



Outcomes:

- Confusion
- Stress conflicts
- Politics & Agendas
- Al evolution

What do we need?

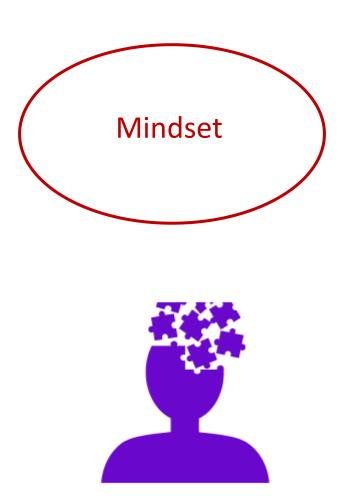
- Self awareness priorities
- Positive mindset & Clarity
- Emotional intelligence (stress management and conflict resolution)

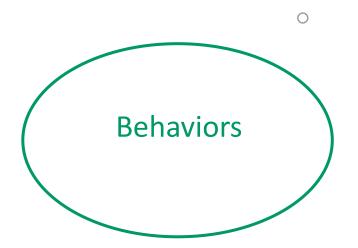






But what makes a great leader?











But what makes a great leader?

Fixed mindset

- Law self awareness
- Feed back is a criticism
- Avoid challenges
- Give up easily/ blame others
- Others are threat and competitors.
- Stressed under uncertainly



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- High self awareness
- Feedback is a gift
- Embrace/ enjoy challenges
- Never give up/ assume accountability
- Collaborative
- Composed/ adapt quickly





When you think differently you will act differently:

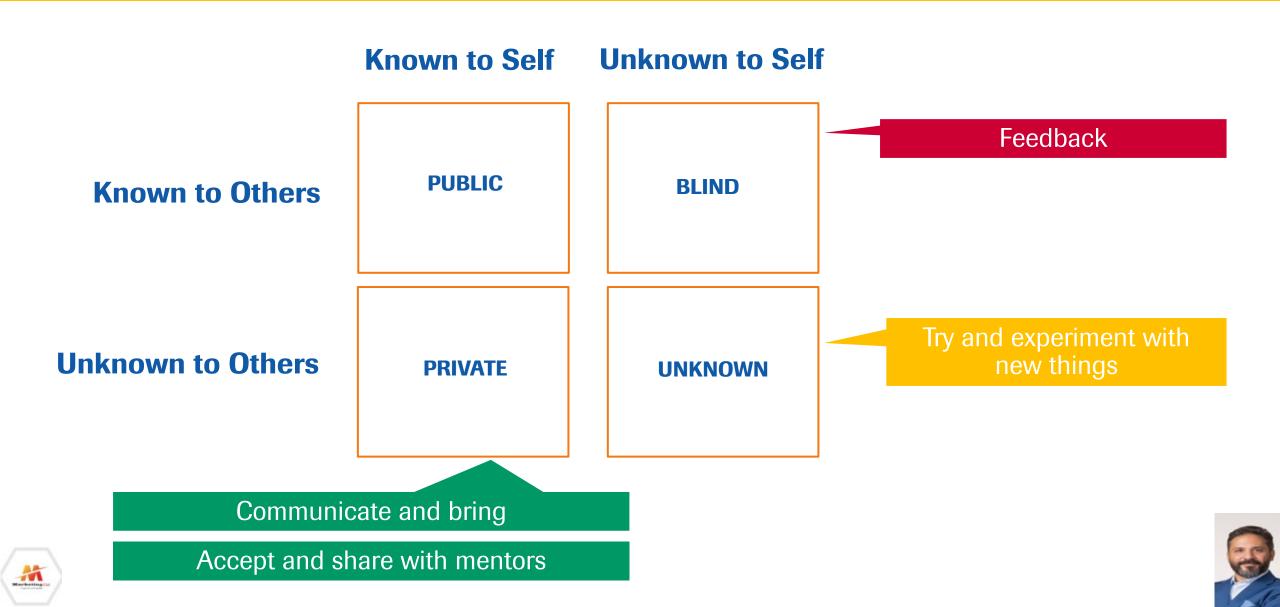
From To **CONVERSATIVE EXPERIMENTING AND RISK TAKING PRAGMATIC PERFECTIONIST** TRUSTING and COLLABORATING **CONTROLLING QUESTIONING** and **CHALLENGING CONSENSUS**







The Johari Window





4. Emotional intelligence

Self/Personal

Others/Social

What I see Recognition

What I do Regulation

Self Awareness

Can I accurately identify my emotions as they happen?

Empathy

Can I accurately identify your emotions as I interact with you?

Motivation

Self Regulation

Can I manage my emotions & behaviors positively?

Social Skills

Can I manage the interactions I have with others positively?





What is Emotional Intelligence?

- A conscious effort where a person...
 - Identifies his/her current emotional state,
 - Determines the emotional trigger or source of the emotional state, and
 - Chooses a reaction from a range of possibilities.

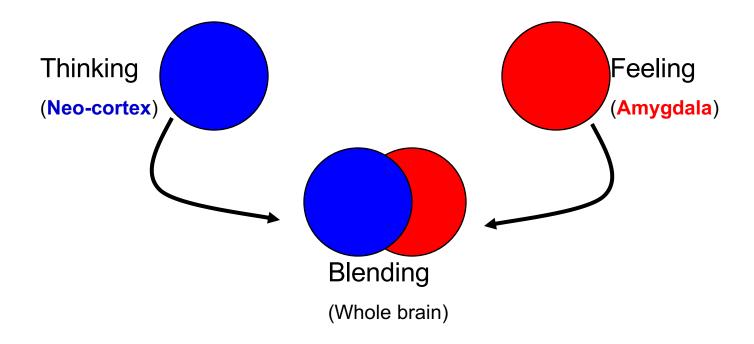
Marcia Reynolds, Outsmart Your Brain, 2004





EQ is Blending

•We are most powerful when emotion and thought work together...







1. Self awareness: Early Warning System

Your body is your EWS...

... it responds to the amygdala in .85 milliseconds!







2. Self regulation: SOSS

- •Soss Stop
- •s0ss Oxygenate
- •soSs Strengthen Appreciation
- •sosS Seek Information





3. Motivation

- What is motivation?
- Is it extrinsic or intrinsic?





What Motivates People?



What Managers Think Motivates Employees

- 1. Good wages
- 2. Job Security
- 3. Promotion opportunities
- 4. Good working conditions
- 5. Interesting work
- 6. Loyalty from management
- 7. Tactful discipline
- 8. Appreciation
- Sympathetic help with personal problems
- 10. Feeling "in" on things

What Motivates

Employees

- 1. Appreciation
- Interesting work
- 3. Feeling "in" on things
- 4. Job security
- 5. Good wages
- 6. Promotion opportunities
- 7. Good working conditions
- 8. Loyalty from management
- Tactful discipline
- 10. Sympathetic help with personal problems



Sheryl & Don Grimme, GHR Training Solutions (1997-2001)

Hygiene Factors - basic

- Basic needs that must be met to avoid unsatisfactory conditions
- If these factors are considered inadequate by employees, then employees can be dissatisfied with work
- Improving hygiene factors only decreases dissatisfaction cannot motivate, no matter how much they are improved
- What are some examples of "hygiene factors"?
- working conditions managers focusing on a task
- job security pay and benefits
- good wages policies & administration





Motivator Factors

- Based on an individual's need for growth
- When they exist, motivator factors create job satisfaction
- Only true job motivators provided hygiene factors have been satisfied
- What are some examples of "motivator factors"?

achievement recognition

interesting work
responsibility

advancement growth

quality interpersonal relationships
leadership focusing on people





4. Empathy

•Your ability to accurately recognize emotions in other people and understand what is really going on.

•This often means understanding what other people are thinking and/or feeling, even if you don't think/feel the same way.

•Can I accurately identify your emotions and tendencies as I interact with you or a group?





Sympathy versus Empathy

What is Sympathy?

A relationship in which whatever affects one person affects the other in a similar way e.g. *You're frustrated, therefore, I'm frustrated.*

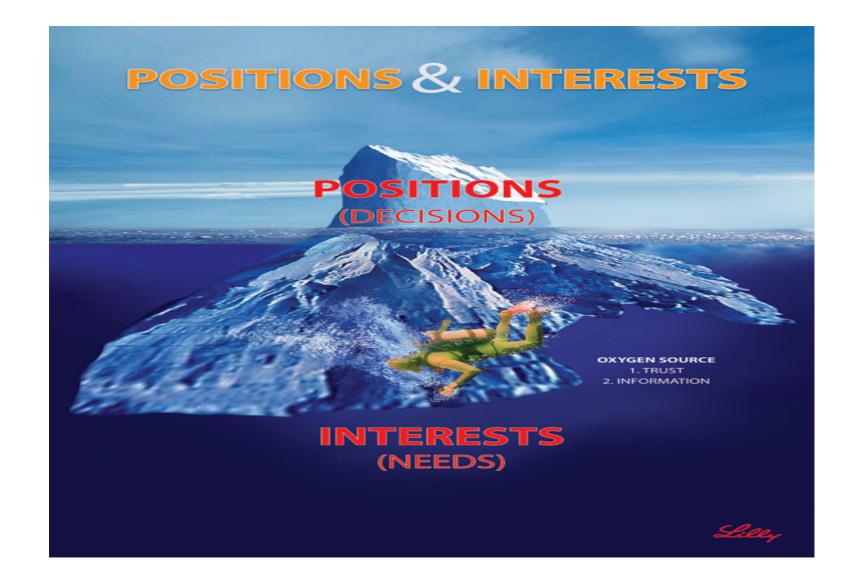
What is Empathy?

The identification and understanding of the thoughts or feelings of the other e.g. I can see that you are frustrated. What is frustrating you?





Remember Titanic??







Strategy: Intention vs. Impact

•Don't confuse *impact* with *intention*.

We judge ourselves by our...

Intention

•We judge others by their...

Impact





5. Social Skill

•Your ability to use your awareness of your emotions and the emotions of others to manage interactions effectively.

•Letting emotional awareness guide clear communication and effective handling of interpersonal tension.

•Can I manage the interaction I have with others constructively and to a positive outcome?





What Do You Think?

- Harvard Business Review
- •What percentage of business issues are due to the lack of inter-personal communication skills not the competencies of the parties?

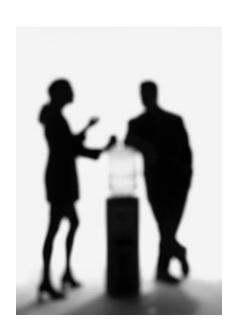
87%

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Effective Communication

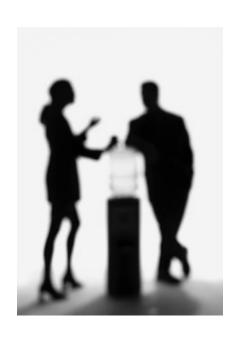


• A two-way process in which the listener interprets the speaker's message the way the speaker intended.





Elements of Communication

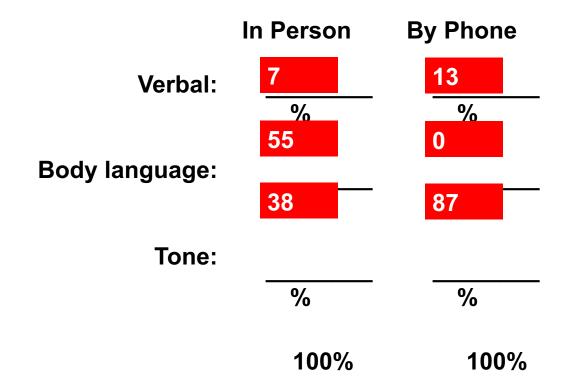


- 1. Environment
- 2. Tool & Timing
- 3. Sender
- 4. Receiver
- 5. Message





3 Ingredients of Communication





Components of Emotional Intelligence

SELF-AWARENESS

The ability to recognize and understand your moods, emotions, and drives, as well as their effect on others.

- Self-confidence
- •Realistic self-assessment
- •Self-deprecating sense of humor

SELF-REGULATION

The ability to control or redirect disruptive impulses and moods. The propensity to suspend judgment to think before acting.

- Trustworthiness & Integrity
- Comfort with ambiguity
- Openness to change

MOTIVATION

A passion to work for reasons that go beyond money or status. A propensity to pursue goals with energy & persistence.

- Strong drive to achieve
- Optimism, even in the face of failure
- Organizational commitment

EMPATHY

The ability to understand the emotional makeup of other people. Skill in treating people according to their emotional reactions.

- Expertise in building and retaining talent
- Cross-cultural sensitivity
- Service to customers

SOCIAL SKILL

Proficiency in managing relationships and building networks. An ability to find common ground and build rapport.

- Effectiveness in leading change
- Persuasiveness
- Expertise in building and leading teams

Source: Harvard Business Review, © Nov-Dec 1998, pp 92-102



What should I do? Action

- Know self starve for feedback
- Surround yourself with good people
- Work on your mindset be honest
- Empathy & communication are the KFY
- Experiment things









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